



A PLACE TO GROW
Pediatric Therapy Services

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Summer Camp at A Place to Grow 2018

We are pleased to once again be offering half day, 5 day camps this summer! Camps will run Monday - Friday, from 9 - 12. Some of the camps for the younger groups will be 4 days.

Although having FUN and making friends will be at the top of our list, the camps are therapy-based. Areas of focus will cater to the needs of the children in the group. Areas that have been addressed in past camps include:

- Social thinking and friendship building skills (Curriculum/Materials that are often incorporated include activities inspired by: Michelle Garcia Winner's Social Thinking, Superflex curriculum, Whole Body Listening Larry, The Incredible Flexible You/We Thinkers, Hunter and his Remote Control, Have you Filled a Bucket Today?)
- Sensory processing and self-regulation skills (e.g. Zones of Regulation, The Incredible 5 Point Scale)
- Gross motor, motor planning and fine motor skills

Activities may include gym and outdoor time, movement activities, sensory play, games, crafts, cooking and free play.

A typical day often looks like this.....

- The kids arrive and start an obstacle course in the gym while they wait for the others to arrive.
- We gather as a group and discuss the plans for the day. At this time, we often do a short Social Thinking lesson or a game that involves playing/talking together.
- Next is snack time! We provide the snack. The kids often help prepare the snack or do a small cooking activity together. While the kids eat snack together we either have conversation or read/discuss a book that relates to the social thinking theme of the day.
- Kids are usually ready for some movement right about now! We oftentimes play movement games where kids are moving their bodies fast and then using strategies to slow back down again and get back into the "green zone" to work on self-regulation.
- We incorporate a free play period where the kids often use their imaginations together (shared imagination) to pretend together and play on the gym equipment. We facilitate and support as needed and this is often a good time to work on conflict resolution in real time and in a more naturalistic play situation.
- Tactile sensory play on the patio is often a favorite activity and the kids are supported to participate within their comfort level.
- Camp usually ends with a craft that incorporates fine motor and motor planning skills and is usually geared toward making something that can be used as a sensory support (e.g. visor, coloring a tote bag to fill with sensory strategies, making a rice sock buddy).

Most camps will run for five days (Monday - Friday) from 9 - 12. Some of the camps for the younger groups are 4 days. Camp will be staffed by 1-2 therapists and other support staff depending on need. Maximum group size will be 5 children. We will need to have 3 children signed up in order for the camp to run. Groups will be put together with consideration to matching, age, gender, needs and abilities. It is important to us to have a therapeutic group that works for everyone. If you are not currently a client at A Place to Grow, please contact Amy Loesch (director) to schedule a time for us to meet your child to determine if he/she would be a good match for our camps. Age limits are flexible based on the child and the group makeup. If you are interested

in a camp for your child but are not available during the weeks that the camps are offered, let Amy Loesch (clinic director) know and, if there is enough interest, we may be able to offer a camp on an alternative week.

The fee for each 5-day week will be \$750. The fee for the 4-day week is \$600. This includes materials and snacks. Unfortunately, we will not be able to give refunds for missed dates. Camps/group sessions are often not reimbursed by insurance, but families have had success with insurance and/or used flexible spending accounts. **Half of the camp fee is required to register your child for the camp and hold the spot.** If you decide to not attend the camp, this fee will not be refunded. This fee will be applied to the total fee if your child does attend the camp. If the camp is canceled by APTG due to low enrollment we will refund your fee. **The total fee for the camp will be due a month prior to the start date for the camp.**

Camp registration starts January 15, 2018 for A Place to Grow families and January 29, 2018 for new families. Here are the weeks that camps are planned. See the Camp registration form for more information.

Week	Age Group	Therapists
June 4 th - June 8 th	Stay tuned! Camp might be added this week. Let us know if you are interested and we will add you to the waiting list.	
June 11 th - 15 th	7 - 8 year olds	Natalie and Kristen
June 18 th - June 22 nd	8 - 10 year olds	Natalie and Kristen
June 25 th - June 29 th	4 - 6 year olds	Natalie and Kristen
July 2 nd - July 6 th	Stay tuned! Camp might be added this week. Let us know if you are interested and we will add you to the waiting list.	
July 9 th - July 13 th	6 - 8 year olds	Amy and Natalie
July 16 th - July 20 th	5 - 7 year olds	Amy and Natalie
July 23 rd - July 27 th (4 day camp)	3 - 5 year olds	Amy and Natalie
July 30 th - August 2 nd (4 day camp)	3 - 4 year olds	Amy and Jen Minnelli (SLP)
August 6 th - August 10 th	Stay tuned! Camp might be added this week. Let us know if you are interested and we will add you to the waiting list.	
August 20 th - August 24 th	8 - 10 year olds	Amy and Jen Minnelli (SLP)

We are looking forward to a fun summer with your delightful children!